



Defensive Focus

NRA BASICS OF PERSONAL PROTECTION OUTSIDE THE HOME COURSE

COURSE DESCRIPTION

This fourteen hour course is open to adult individuals who are not disqualified from possessing a firearm as defined by applicable federal, state or local law, and are of good repute.

Prospective participants will have previously completed the NRA Basics of Personal Protection in the Home Course (with certificate) or by passing the pre-course evaluation as defined by the NRA. The classroom portion of this course requires five and one-half (5½) hours. The full course of fire requires eight and one-half (8½) hours of range time held in two sessions (with frequent breaks) of 3½ hours (Level I) and 5 hours (Level II), respectively, to learn and demonstrate intermediate and advanced defensive pistol shooting skills.

Material covered in the classroom includes:

- The importance of carrying and using a pistol responsibly and ethically for personal protection outside the home.
- How the three fundamental NRA rules for safe gun handling, using or storing apply when carrying a concealed pistol outside the home.
- Special safety considerations that must be observed when carrying a concealed pistol outside the home.
- Various techniques for storing a pistol safely outside the home.
- Four levels of awareness and how they apply when carrying a concealed pistol outside the home.
- The importance of mental preparation and developing the proper mindset for using a pistol for personal protection and facing a life-threatening encounter outside the home.
- Techniques for avoiding life-threatening confrontations outside the home.
- The psychological and physiological changes that may occur during an attack.
- The differences between having a firearm for personal protection in the home and carrying a pistol for personal protection outside the home.
- Techniques for controlling and responding to a violent encounter outside the home.
- The emotional, legal and social aftermath of a defensive shooting outside the home.
- General rights and restrictions under laws permitting the carrying of concealed pistols for self-defense.
- Key legal provisions and restrictions pertaining to the use of deadly force outside the home.
- Potential criminal and civil legal actions that may be taken subsequent to a defensive encounter outside the home.
- How to find detailed legal information specific to your jurisdiction.

- Various pistol concealed carry modes and the benefits and limitations of each.
- Basic principles of pistol concealment as they relate to the carrying of a pistol for personal protection outside the home.
- Activities and resources to help hone, enhance and expand personal protection skills.
- Methods and precautions for dry-fire practice, including drawing from a holster.

Learning objectives from range activities include:

- Present a concealed gun and shoot targets in the center of mass:
 - After moving to a high barricade.
 - Engaging two targets.
 - Using aimed fire technique with the shooting hand only.
 - Using point shooting technique with two hands.
 - Using point shooting technique with the shooting hand only.
- Present a concealed pistol (strong-side hip holster or holster purse), conduct speed reloading, clear stoppages of their gun and shoot targets in the center of mass:
 - Using hip shooting techniques with the shooting hand only (“speed rock”).
 - Moving rearward, stopping and shooting.
 - From standing to kneeling behind a low barricade.
 - From standing to squatting behind a low barricade.
 - Moving to a low barricade, then kneeling or squatting.
 - From sitting to standing.
 - From standing, turning left 90 degrees to the target.
 - From standing, turning right 90 degrees to the target.
 - From standing, turning left 180 degrees to the target.
 - From standing, turning right 180 degrees to the target.
 - Engaging a target at extended range.
 - Under low light conditions (wearing dark glasses or welder’s goggles).

Range Safety Officers will conduct range safety briefings and assure that students possess required safety equipment and understand firearm safety, range commands and range rules. Instructors will review fundamentals of marksmanship and demonstrate shooting positions in advance of each firing exercise. Students will dry-fire the exercise properly before proceeding to each live-fire exercise.

If time remains, instructors will supervise informal defensive shooting skills practice sessions of ten minutes duration.

ADDITIONAL INFORMATION OR QUESTIONS

Contact Tom Smith at (314) 504-0879 or by email: tom.smith@defensivefocus.com Visit our website at www.DefensiveFocus.com