



FOR IMMEDIATE RELEASE

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National Crime Prevention Program Conducts Seminars In Chesterfield, MO

(Chesterfield, MO) -- A series of seminars for the nationally recognized Refuse To Be A Victim® crime prevention program will be conducted throughout 2012, at the training facilities of Defensive Focus, 16401 Swingley Ridge Rd., Chesterfield, MO 63017. Refuse To Be A Victim® is from the National Rifle Association.

The Refuse To Be A Victim® 3 ½ hour seminars promote awareness and prevention of criminal confrontations. Seminar topics include home, automobile, phone, technology, travel and personal security. Seminar participants are presented with a variety of common-sense crime prevention and personal safety strategies and devices they may integrate into their daily lives. This is not a firearms instruction course and does not include instruction in physical combat self-defense.

Refuse To Be A Victim® was developed in 1993 in response to requests from women nationwide for crime prevention seminars. In 1997, the program became co-ed. With hundreds of instructors nationwide, seminars have been presented in 50 states and the District of Columbia. Thousands of men and women have benefited from the program's life saving message.

The program has been endorsed by members of the law enforcement community nationwide, such as police officer and Refuse To Be A Victim® certified instructor Paris Washington of Philadelphia, Pennsylvania who said, "As citizens, we must be part of the solution, not part of the problem."

Patrick Harris, Executive Director of the Virginia Crime Prevention Association said, "Everyone should consider the possibility of — and be prepared to defend themselves — from a criminal attack. However, if they have not adopted the proven personal safety routines recommended by Refuse To Be A Victim®, then they may have surrendered their option of refusing to be a victim of crime."

The seminars will be conducted weekdays during 2012 beginning at 1:00PM, on January 19th, February 16th, March 15th, July 19th, August 16th, November 15th and December 13th, at the Defensive Focus training facility in Chesterfield, MO. These seminars are open to the public. The fee to attend is \$25. More information is available online at <http://www.DefensiveFocus.com>. Persons interested in attending should call Defensive Focus at (314) 774-0372 to reserve seats or simply locate the date most convenient to you and complete registration online at <http://www.nrainstructors.org>.

This seminar is also available for presentation to private groups, at your location or ours, by special arrangement.

